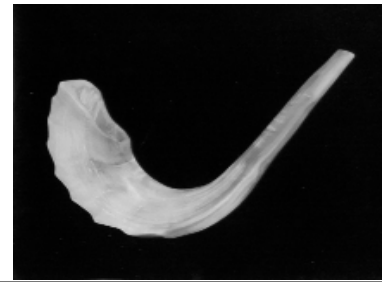




# Hashofar



A PUBLICATION OF THE MANHATTAN BEACH JEWISH CENTER ○ APRIL 2012/NISAN 5772

## ASSEMBLYMAN CYMBROWITZ'S HOLOCAUST CONTEST

Over 400 people – students, Holocaust survivors, community members, teachers, principals – joined Assemblyman Steven Cymbrowitz in remembering the Holocaust, at a ceremony on March 25th honoring the winners of the Assemblyman's Holocaust Memorial Essay, Poetry, Performance and Art Contest. The morning's program explored music during the Holocaust.



formed a musical troupe to soothe their souls while hiding from Nazi patrols, but the Nazis also forced Jews in extermination camps to form orchestras to play as fellow prisoners were marched to and from forced labor assignments. The orchestras even had to play tangos as accompaniment to executions and punishments," Cymbrowitz explained.

Edward R. Murrow High School's Madrigal Chorus, Chamber Orchestra and Chamber Winds and composer Cecelia Margules provided music for the program.

"I didn't want to just remember those who perished in the Holocaust, as important as that is. I wanted to do more. This ceremony, like the contest, is dedicated to the children. As we honor the memory of the 1.5 million young victims of the Holocaust, we must work to protect the children of to-

"It is surprising to many that music played a part in the Holocaust. It had both a positive and negative presence. Jewish partisans in the forests of Byelourussia

day. It is important that we use the horrors of the Holocaust to teach students about the dangers of hatred. My contest was designed to do just that by requiring students to study the Holocaust and then express their feelings using their personal talents," Cymbrowitz explained.

Winning artwork greeted ceremony attendees as they entered the Manhattan Beach Jewish Center. The three dimensional works vividly conveyed the horrors of the Nazi era with detailed depictions of concentration camp life. Musical performances were interspersed with speakers and a candlelight ceremony, to provide the audience with insight into the role music played during the horrific Holocaust period.

Included in the exhibit area was a collection of paintings, on loan from The Harriet and Kenneth Kupferberg Holocaust Resource Center and Archives, painted by Holocaust survivor Seymour Kaftan, depicting the atrocities that the Jews of Vilnius, Lithuania endured during the Holocaust.

Assemblyman Cymbrowitz told the students that, "Perpetuating the lessons that are to be learned from the Holocaust, as you have done by participating in this contest, is more important than ever because as we approach the 70th anniversary of the end of the Holocaust, there are fewer survivors to provide firsthand evidence of the atrocities."



Featured speaker, Helen Hoffman, author of *Branded for Life*, a member of the Mu-

seum of Jewish Heritage Speakers' Bureau, a U.N. Guest Speaker, and baby born in a displaced persons' camp after the Holocaust said, "My birth was considered a miracle. The numbers that were tattooed on my mother's arm, 57240, adds

*Continued on Page*

## UPCOMING EVENTS

FRIDAY NIGHT  
SATURDAY NIGHT  
TUESDAY NIGHT  
FRIDAY NIGHT  
SUNDAY NIGHT

APRIL 6 FIRST PASSOVER SEDER  
APRIL 7 SECOND PASSOVER SEDER  
APRIL 10, KUMSITZ  
APRIL 27, YOM HA'ATZMAUT DINNER  
MAY 20, YOM YERUSHALAYIM CONCERT

*Hashofar*  
VOLUME 68 NO. 2

Yehoshua Zelikovitz ----- Rabbi  
Pinchas Cohen ----- Cantor  
Tamir Zaltsman ----- Director of Outreach  
Rubin Margules ----- President  
Jay Haies ----- Chairman of the Board  
Alfred Gollomp ----- Treasurer  
Ilene Keller ----- Managerial Assistant

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## LETTER FROM THE PRESIDENT

Every Pesach, we recount the story of our leaving Egypt. From slavery to freedom, is a road that as Jews we have followed for over 4,000 years. A road both filled with the glory and the tragedy of our people's history. Recently we have witnessed, once again, tragedy of the senseless murder of 3 Jewish children and a Rabbi in France; coming almost a year after the murder of the Fogel's Family, and their 3 young children in the village of Itamar in Israel. Each bleeding fills us with concern and foreboding. The ramblings of the Hitler (umachach) wannabe, Ahmadinejad, from the same neighborhood (2,400 years ago), as our Purim villain Haman, strikes us with concerns and dread. No one can tell our people, except the most obtuse individuals, that words do not count, yet this devil in human form gets standing ovations at the UN, his words are broadcast, words of hate and demonization of Jews and Israel. The incitement to hate finds ready receptors amongst people. Islamic fascism and its portrayal of Israel and the Jewish people is a world wide phenomenon that we must face and destroy. Today, contrary to years ago, we have Israel, and the Jewish people have a strong defense and while our enemies' lust for Jewish blood remains as strong as it was 2,400 years ago, some things do not change, wishful thinking aside, the Israeli Defense Forces are here. What happened to the Jews of Europe 70 years cannot happen today, we have a place to go, a place that has protected Jews in the past and will continue to do so, as long as there are threats against us.

Our path to freedom is not over. Every freedom, here at home and in our biblical homeland, must be protected. After returning from Israel to thank our soldiers, I can tell you that we, all Jews, have lot to be grateful for.

This Pesach let us remember from where we came, and resolve to have the vigilance needed to preserve and protect our freedom here and in Israel.

Best wishes for Chag Kosher V'Semeach, Zachor, and Remember!!

## FROM THE RABBI

Dear Friends,

As Pesach approaches, we get reacquainted with the four sons,

נגד ארבע בני דברה תורה  
the wise son, the wicked son, the simple son and the son who doesn't know how to ask. The

חכם, רשע, ושאנו יודע לשאול

We understand that the "sons" include daughters. In fact, the four children encompass all people. We divide society broadly into four spiritual groups - the knowledgeable, the evil, the simple and the clueless.

The knowledgeable people are well educated in Torah and in Judaism. The evil people are anti anything that resembles religion. The simple people are ambivalent, with no strong feelings either way. And the clueless people are so oblivious that they don't even realize they are lacking anything.

We all know people who are learned. We all know people who are antagonistic to Judaism. We also know naive and unaffiliated people.

But what's fascinating is how the Torah tells us to deal with these people. To the wise people, we must provide knowledge and education. Toward the evil people, we must take a firm stand. For the simple people, we must be patient and for the clueless people we must be compassionate.

One wonders: Some of us are inborn scholars and some are natural fighters. Some of us are intuitively patient and some are innately compassionate. How does the Torah expect us to be scholars, fighters, exceedingly patient, and warmly compassionate? Some of these traits seem diametrically opposed to each other. So how is a person supposed to have such divergent characteristics and be capable of dealing with all four types of people?

The answer is that we all inherently have these four capabilities in our personalities. Some of these abilities come more naturally to us and others are more difficult. But what the Torah is telling us is that we must rise to the challenge. For those seeking guidance, we must provide leadership and tutelage. Toward those who are corrupt and evil, we must fight and not bend. For those simple and naive, we must be available and giving. And for those who are lost, we must provide warmth, compassion and direction.



*Rabbi Yehoshua Zelikovitz*

**SISTERHOOD NEWS-THE WOMEN'S CORNER**

*By Ruth Kleinman Faber*

Dedicated to the memories of my cherished parents, Ida and Sidney Philipp Kleinman Z"L and my loving inlaws, Clara and Jacob Faber Z"L. May the neshamas have aliyas.

Twelve dozen eggs, russel for borscht, whitefish and pike, matzoh meal, 25 pounds matzah, wine.....The sounds of Pesach preparation. I remember this so well. Bube in the kitchen; Mommy and Daddy carrying in bundles from the live chicken market, the butcher, the fish store, the grocer. Oh the excitement, the anticipation, the family gathering, the magnificent seder....the utter exhaustion of the women!

Memories of Pesach put a smile on my face—and as I now prepare for Yom Tov, Pesach puts a major pain in my lower back. Nevertheless, the miracle of Pesach never ceases to leave me awestruck. Put aside the food, the fun—the real meaning of Pesach must not be forgotten.

We are so fortunate to be able to have Pesach without fear, even in these troubled times. Let us not forget the generations of Jews who celebrated Pesach with fear for their lives. Let us not forget that even today, we Jews have ferocious enemies. Let us never forget that we Jews also have the most Powerful Protector.

As Pesach approaches, as we celebrate the seder, as we daven in shul, let us not forget to thank Hashem for giving us His Torah and for affording us the opportunity to show Him our gratitude. Let us use our prayers to remember those who lost their lives so we can be free Jews, today. May our prayers be accepted by Hashem and may today and our tomorrows be filled with His blessings. May there be peace in the world and may we merit to see the coming of Mashiach.

Good Yom Tov!

The Sisterhood wishes to extend its sincere thanks to Pnina & Sidney Orbach for the generous donation made on the occasion of the yahrtzeit of Pnina's mother, Bat Sheva Hartman, OBM. May the neshamah have an aliyah.

The Sisterhood wishes to extend its sincere thanks to Mr. and Mrs. Ari Kagan for their generous donation. Their support of the Sisterhood is greatly appreciated.

**From the Sisterhood:  
Yom Tov Cookery Traditions**

*By Ruth Kleinman Faber*

**CHEESE PUDDING FOR PASSOVER**

- 4 matzos
- Lukewarm water
- 1 pound dry cottage cheese
- 4 eggs
- 2 cups milk
- 1 lemon, grated rind and juice
- ¾ cup sugar
- 1 teaspoon salt

Soak matzos in lukewarm water. Drain and press extra moisture out carefully so as not to break the matzos. Generously butter a square, deep cake pan. Put 1 matzo on the bottom of the pan, spread with 1/3 of the cheese, put on another matzo and spread with cheese; repeat until 3 matzos are used. Cover the top with the fourth matzo. Beat eggs slightly. Add milk, lemon, sugar and seasoning. Pour over the matzo and cheese. Bake in an oven at 375 F for one hour. Can be served hot or cold. Serves 8.

**PRAYER BOOK**

To Yocheved Orbach, on the loss of her father, from: The Sisterhood, Leaneore Huberman, Shelly & Oscar Mohl, Evelyn & Alfred Gollomp, Rosalie & Harold Rosenthal, Helen & Mark Orbach, Lee & Murray Novick, Pauline & Ira Bilus

To the Braz Family on the loss of their mother and grandmother, from: Lee & Murray Novick, Pauline & Ira Bilus

To the Gissen, Levy and Krause families on the loss of their husband, father and brother, Mr. Bernard Gissen, from: Teri & Allen Litman

To Sue Reich on the loss of her mother, Ida Hilsenrad, from: Muriel & Bruce Bayroff, Ruth & Murray Faber, Vera Katz, Vivian & Joe Kahan, Rosalie & Harold Rosenthal, Bella & Bernard Flom

To Bernard Segal on the loss of his sister, Lorry Segal, from: Bella & Bernard Flom

To Dale Stern on the loss of her mother, Marjorie Halper, from: Rosalie & Harold Rosenthal

To the Kwassman family on the loss of their husband and father, Mel Kwassman, from Lee & Murray Novick

To the Woltman family on the loss of their husband and father, David Woltman, from: Ruth & Murray Faber

## MBJC DINNER, NOVEMBER 12, 2011

On Saturday evening November 12, 2011, the Manhattan Beach Jewish Center celebrated its 89th Anniversary Journal Dinner.

The guests of honor included Michael Spiegel as the *S h o f a r* Awardee and Steven I. Melnik as the *Community Service*



Awardee. Approximately 200 people attended and thoroughly enjoyed the new program format which included a full buffet dinner in the main ballroom during which time members and guest listened to the award presentations and principal speakers. The program was emceed by our President Rubin Margules and included inspiring words from our honorees and new Congressman. The dinner was prepared by New Star Caterers.

Michael Spiegel spoke about his educational background, his impressive engineering and designing education which he received in Poland which laid the foundation for his subsequent career as Chief Executive Officer of various successful manufacturing companies. Such success enabled Mr. Spiegel to devote his principal time as a volunteer executive director of Yeshiva Zvi Dov Roth and Yeshiva Rambam High School.



old country.

Steven I. Melnik described his solid and highly diversified background in tax law and financial planning. Besides establishing the Melnik Law Group, operating in four states, being a tenured university professor and noted lecturer to both professional and communal groups, Mr. Melnik also somehow finds time to devote to many professional and not for profit organizations several of which directly benefit the Russian American community.

Mr. Alexander Rovt the chief benefactor of ZDR and after whose father's name the Yeshiva is named, related how the Rovt and Spiegel families worked together in prior generations in the

Our program was also enhanced by the keynote address of our new Congressman Robert Turner from whom we expect great things including being a strong advocate for the State of Israel as well as on behalf of his diversified constituents in the district.



MBJC appreciates the service which the honorees and Congressman provide our community as well as making our Anniversary Dinner a success.



After the program, we proceeded to the Empire Room for dessert.

We would like to thank all

of the members of the dinner and journal committees, especially Jay Haies, Harry & Marilyn Wanderer, Lev Rivkin, Alfred & Evelyn Gollomp, Ira & Pauline Bilus, Muriel Bayroff, Vivian Singer and our President Rubin Margules.

We appreciate the efforts of our Executive Director, Allen Litman and our Office Manager, Ilene Keller who ably supported the efforts of the Dinner and Journal Committees.

Thanks also to Abe Fuchs and Joel Spira of New Star Caterers for their contributions to the MBJC all year round and especially for the dinner.

Our special thanks to Rabbi Yehoshua & Dr. Sarah Zelikovitz for the enthusiasm and energy which they provide to our synagogue and for their efforts on behalf of the dinner.



## SEDARIM AT THE MBJC

On the evenings of April 6th and 7th, the first two nights of Pesach, the Manhattan Beach Jewish Center will be hosting sedarim in the 3rd floor Regency/Sisterhood Room. The first one



will be led by Rabbi Yehoshua Zelikovitz and the second one will be held by Rabbi Tamir Zaltsman. The date for reservations has already passed however, it may still be possible to make a last minute emergency reservation since our seder food provider gave us a very early deadline we cannot guarantee that such reservations can be honored.

## THOUGHT FOR THE DAY

A thought about Tefillah and prayer.

“My thought about Tefillah is to communicate with the REBONO SHEL OLAM, early in the morning, ask HIM for help every day, even all day. HE knows you trust in him and only HE can help you & He will, not only in an emergency.”

*by Sippy Binder*



## MBJC IS A HAPPENING PLACE

With much excitement, we are expanding our Shabbos morning youth groups. We now have added a dynamic, fun, vibrant, and young individual who will be running groups in conjunction with the ever-smiling and very sweet and easy going Lila Shleifstein. The groups will be very stimulating besides being much fun. They will be well supervised with care, and the warmth of Yiddishkeit. We will be using various dynamic materials including those sent to us by NCSY.

Come one, come all, all ages, every Shabbos and Yom Tov morning, 9:30-11:30 AM.

Kids are all invited to our weekly kid-friendly kiddish afterwards. (If there are any children with specific food allergies, pls make us aware, so that we can be sensitive to that and will be cognizant when ordering appropriate goodies).

In our quest to please you, as the "JEWISH CENTER" in Manhattan Beach, if you have suggestions for other programs for the youth, (and other ideas for adults as well) we are very receptive to your ideas. So please notify Rabbi Zelikovitz with your creative input. We have various other programs in the works so please stay tuned.

So bring your kids, your neighbors kids, your grandchildren to have "Fun, Creativity, Stimulation and \*Torah\*" all wrapped up in one great package.

So don't forget to spread the word, that the one and only MBJC is becoming a real "happening place"!!!

## WISE SAYINGS

A clean conscience provides the softest pillow

A day ahead of you is better than 10 years behind you

You never have to decorate the truth  
When money talks, truth keeps its mouth shut

As I walk down the pathway of life, I try to smell the roses, in spite of the thorns

Thank Hashem for every gift  
And you will feel a burden lift  
And he will send from heavens gate  
More blessings to appreciate

The world is but a canvas to your imagination



**SAVE THE DATE**  
**SUNDAY, MAY 20 YOM**  
**YERUSHALAYIM**  
**CONCERT**

# Passover Prayer Service & Observance Schedule 2012

Three classes on Laws of Pesach, March 21 @ 7:30 PM, March 28 @ 7:40 PM and April 4 @ 7:35 PM

## **Thursday, April 5th**

After 8:07 pm: **Bedikat Chometz** -- Search for Chometz  
Say the first **Kol Chamira** nullification

## **Friday, April 6th- Erev Pesach**

Fast of the First Born

Siyum - After morning services followed by a light breakfast (Seudah)

Community Fire for burning of Chametz in sideyard of the MBJC, 60 West End Avenue 9:30-11:45 am

Last Chometz meal. We will be serving by the fire hot fresh bagels, cream cheese, egg salad and tuna fish from 9:30-10:30 AM

10:49 am: **Last time for Eating Chametz**

11:53 am: **Chametz must be burned by this time.** Say the second **Kol Chamira** nullification.

7:08 pm: Light Shabbat/Yom Tov Candles, Bracha for Shabbos, Yom Tov and Shehechaynu

7:10 pm: Mincha  
Maariv

Celebrate the first seder

12:58 am: Latest time for eating the Afikomen

## **Shabbat, April 7th – First Day of Pesach**

8:55 am: Services in Main Sanctuary  
– The blessing of Tal

7:05 pm: Mincha

7:27 pm: Maariv: Sefirat Ha'Omer

after 8:09 pm: Begin preparing Seder and light candles with Bracha for Yom Tov and Shehechaynu

Celebrate the Second Seder

## **Sunday, April 8th – Second Day of Pesach**

8:55 am: Services in Main Sanctuary

7:10 pm: Mincha

Class

8:00 pm: Maariv

8:10 pm: Yom Tov ends

## **Monday, April 9th - 1st Day, Chol Hamoed**

8:00 am: Shacharit

7:15 pm: Mincha

## **Tuesday, April 10th - 2nd Day, Chol Hamoed**

8:00 am: Shacharit

7:15 pm: Mincha

## **Wednesday, April 11th - 3rd Day Chol Hamoed**

8:00 am: Shacharit

7:15 pm: Mincha

## **Thursday, April 12th - 4th Day, Chol Hamoed**

8:00 am: Shacharit

Remember to make an Eruv Tavshillin

7:20 pm: Mincha

7:14 pm: Light candles Bracha for Yom Tov, no Shehechaynu

## **Friday, April 13th - 7th day of Pesach**

8:55 am: Shacharit

5:50 pm : Mincha

6:10 pm: Maariv

Light Shabbat/Yom Tov candles - Bracha for Shabbat & Yom Tov between 6:10 - 7:15 PM

## **Shabbos, April 14th - 8th day of Pesach**

8:55 am: Shacharit

10:00 am Shir Hashirim

11:00 am: Yiskor

7:00 pm: Mincha

Family Shalosh Seudot

8:05 pm: Maariv

8:17 pm: Yom Tov Ends

8:45 pm: Refrain from opening or eating the chometz that was sold until this time

## **Sunday, April 15th - Isru Chag**

8:30 am: Shacharit

7:20 pm: Mincha

## **Friday, April 20th**

6:40/7:30/9:10 am: Shacharit

7:00 pm: Mincha

7:22 pm: Light Candles

## **Shabbat, April 21st - Shabbat Mevorchim**

Cantor Pinchas Cohen officiating

7:45/8:55 am: Shacharit

6:10 pm: Pirke Avot class

7:00 pm: Mincha

Family Shalosh Seudot

8:25 pm: Shabbat ends

## IN MEMORIAM

### SHIRLEY HELLER

Shirley's was a great asset to MBJC for many years. As a Member of MBJC's Board of Governors and its Education Chairman, Shirley was the driving force behind the planning



and implementation of many of our torah events, including sponsoring and arranging for visiting rabbinic speakers. Some of these events have been inspired by and dedicated to the memory of Shirley's son Aaron whose years were tragically cut short in the prime of his life during his senior year at Yeshiva University. Shirley received many of her program ideas from her activities that she has performed on behalf of other Jewish organizations. They include being the Brooklyn Coordinator of the Chofetz Chaim Heritage Foundation, event organizer for Agudath Israel of America and co-president of the Holocaust Memorial Committee. Shirley is also a former Community Service awardee of the Rachel's Children Reclamation Foundation.

Shirley's background laid the foundation for her interest and involvement in Jewish organization and communal life. Shirley's pre-college years were spent in Dallas, Texas where only two handfuls of frum Jewish families lived. However, her family's home was a place where visiting rabbis and rosh yeshivot stayed when visiting the city.

Several years ago Shirley herself retired as an Elementary Public School teacher in the New York City School System. After her retirement from teaching, Shirley pursued a new career as a character actress in the film and entertainment industry. It was ironic that Shirley had less free time while pursuing her acting career than she did while being a full time teacher. She pursued her new career with such vigor and energy that it would not have been a surprise to her friends or me if she would have won a character actress award in the future had her life been cruelly cut short. All of us at MBJC will surely miss her

### RABBI ALVIN HARRIS

A while ago MBJC was sadly notified of the passing of a long time member, Rabbi Al Harris. For many years Al was our Shabbos Baal Shacharis. He also davened in the main sanctuary during the Rosh

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## APRIL YARZEITS

SUN	2	ISAK KATZ, father of Leo Katz
WED	6	CHANA MACK, mother of Harold Mack
		MOSES SCHERTZ, father of Bela Flom
FRI	8	MAE BAYROFF, mother of Bruce Bayroff
MON	11	ALICE EISENBERG, mother of Geraldine Melinger
		YITZCHOK SHLOMO NOVICK, father of Murray Novick
TUE	12	MOSES EISENSTEIN, father of Toby Levy
MON	18	REB. CHAIM HELLER, grandfather of Vivian Singer
TUE	19	REGINA OSDOBA, mother of Sam Osdoba
WED	20	MORRIS BAYROFF, father of Bruce Bayroff
THU	21	EDWARD RUSTON, father of Dr. Henry Ruston
		FRANCES SORKIN, mother of Morton Sorkin
SAT	23	DAVID WOLFSON, father of Evelyn Gollomp
SUN	24	NOSSON GELERNTER, father of Ted Gelernter
		GITLA ORBACH, mother of Mark, Joe & Sidney Orbach
MON	25	JOSEPH KATZ, husband of Vera Katz
WED	27	HILLEL MACK, brother of Harold Mack
FRI	29	ETHEL GROSS, mother of Rosalie Rosenthal
SAT	30	CLARA FABER, mother of Murray Faber

## MAY YARZEIT

FRI	4	MAX SCHWARTZ, father of Leonard Schwartz
		RABBI HENoch SINGER, grandfather of Vivian Singer
SAT	5	BREINE BLOOM, sister of Meier Stessel
		LEO LIBOW, husband of Lillian Libow
TUE	8	MIKHAIL KAGAN, father of Ari Kagan
		DR. KURT PINE, husband of Bessie Pine
THU	10	ROZA DERECHENSKAYA, mother of Yefim Buber
		PERL LINDENBLATT, mother of Jehuda Lindenblatt
TUE	15	MOE EISENBERG, father of Geraldine Melinger
WED	16	SOLOMON HEITNER, father of Fran Solomon
		TESSIE WOLFSON, mother of Evelyn Gollomp
THU	17	STANLEY ROSENTHAL, father of Harold Rosenthal
MON	21	SAMUEL SALTZMAN, husband of Jean Saltzman Maltz
TUE	22	BERNARD LEW, brother of Madeline Laufer
WED	23	BENJAMIN GRAZUTIS, father of Lillian Libow
FRI	25	NATHAN HARRIS, father of Arline Harris & Abe Harris
SUN	27	MOSHES & TOBY STESEL, parents of Meier Stessel
MON	28	father of Dr. Ilene Coopersmith

## ONEG SHABBAT

On March 2nd. we celebrated the end of our Oneg Shabbat season. Since November when Eastern Standard time began our members have opened their homes to us on Friday nights for classes and singing and dancing. Thanks to the following people for hosting: Jay & Joelle Lessler, Dr. Eliezer & Barbara Offenbacher, Sidney & Pnina Orbach, Rabbi Yehoshua & Sarah Zelikovitz, Ira & Pauline Bilus, Harry & Marilyn Wanderer, Ted & Evelyn Weinberger and Jay & Evelyn Haies.

## KIDDUSHIM & SHALOSH SEUDOT

We would like to thank the following for their sponsoring a kiddush: Rubin Margules in memory of his father Manny Margules and his father in law Morris Berkowitz, the Orbach Family in memory of their faather, Lev Rivkin in memory of his mother. We thank sponsors for shalosh seudot, Milton Zegerman, Vivian Singer and Sippy Binder

**SHABBAT MORNING – ON THE WAY  
TO THE SYNAGOGUE**

Dr. Zahava Szász Stessel

There are actions and experiences that enhance the Shabbat. For us the atmosphere begins to inspire already on the way to the synagogue.

It could be a bright, winter morning, with its brisk fresh air or a summer Saturday, bringing a brilliant soul- lifting sunshine. We start to walk early, the length of Hampton Avenue, beginning from P.S. 195. With four synagogues in that narrow strip of land, between Sheepshead Bay and the Atlantic Ocean, we always meet people on their way.



We have regular Synagogue going neighbors. First are those whom we meet on their way to Congregation Ohel David and Shlomo. There is a tall slim father with his lovely daughters who greet us in the early morning with friendly smiles. Our delight is even greater upon seeing them, if we missed meeting the week before.

Then we have the fast walking energetic members and officers of Congregation Shaarey Torah, known informally as The Shtieble. We appreciate their warm and heartfelt greetings of “Good Shabbes”.

Worshippers of Temple Beth El we usually meet on the way home following services. We greet each other with a soft Shabbat Shalom.

Besides the usual walkers, we have the unexpected passer-bys. They are the bicycle riders or car travelers who blow the horn to give us an enthusiastic greeting of Shabbat Shalom. We sometimes meet a father and his three young children all wearing helmets and riding their bicycles. At first only the father greeted us, but by now all the three kids join in an enthusiastic Shabbat Shalom. We sometimes wonder how to react, without being rude. Listening to our hearts, we usually return a smile of warm brotherhood.

Finally we arrive at Manhattan Beach Jewish Center where we are members for 38 years. We shortly join listening and participating in the inspirational services. We also meet our good friends and feel grateful to God for the privilege.

**FROM THE RABBI**

*Continued from Page 2*

As the famous Rabbi Tarfon said in Pirke Avot, לא עליך המלאכה לגמור, although it is not incumbent on us to complete all the work,

ולא אתה בן חורין להבטל ממנה we are not excused from meeting our responsibilities.

We, as individuals, may not be able to cure all the world's ills but we certainly can effect change. What the Haggadah is telling us is, “Go out and make a difference.” The good, support wholeheartedly. Invest time, energy and resources to strengthen and fortify all that is meritorious. The bad, fight relentlessly. Even at great personal sacrifice never flinch or shy away when battling immorality and wickedness. The timid, help and guide patiently and tirelessly. And our brethren that are lost, embrace lovingly with boundless energy until they return to the fold.

May we all merit the bracha,

כאשר זכינו לסדר אוננו בן נזכה לעשותו

with the coming of

משיח צדקינו במהרה בימינו

אמן

*Yehoshua Zelikovitz*

SAVE THE DATE

SUNDAY MAY 20, 2012

JOIN THE SISTERHOOD  
FOR A DOCENT GUIDED TOUR OF THE  
YESHIVA UNIVERSITY MUSEUM

15 WEST 16 STREET— NEW YORK CITY

The Sisterhood wishes to extend its sincere thanks to Mr and Mrs Alfred Gollomp for their thoughtful donation. Their ongoing support of the Sisterhood is genuinely appreciated.



## PURIM AT MBJC

Purim began early at MBJC. On Sunday, February 26th, Evelyn Weinberger organized Iris Altschuller, Simona Berenblit, Lainie Isaacson, Rita Iofee, Naomi Mauer, Esther Sher, Vivian Singer, Ted Weinberger and Milton Zegerman to pack and box our Mishloach Manot. The beautiful, color arranged packages were chosen and designed by Rebbitzin Sarah Zelikovitz. All members of our shul received a Mishloach Manot at their door. This accomplishes the goal and rationale of Mishloach Manot – to foster harmony and closeness among our MBJC family. This function was a success due to the the following individuals: *M/M Bruce Bayroff, Mrs. Sippora Binder, M/M Max Braksmajer, M/M Ilya Braz, M/M Yefim Buberan, Hon. & Mrs. Michael Feinberg, M/M Mark Fleischer, Dr. & Mrs. Leonard Flug, Mr. Ted Gelernter, M/M Alfred Gollomp, M/M Jay Haies, Mrs. Leonore Huberman, M/M Matthew Isaacson, Winnie & Lori Jacobowitz, Dr. & Mrs. David Korman, Dr. & Mrs. Oliver Klapper, M/M. Jay Lessler, M/M Allen Litman, M/M Rubin Margules, Mrs. Naomi Mauer, Mrs. Geraldine Melinger, Prof. & Mrs. Oscar Mohl, Barry & Eileen Montrose, M/M Joseph Orbach, M/M Mark Orbach, M/M Sidney Orbach, M/M Lev Rivkin, M/M Harold Rosenthal, M/M Gady Schwartz, M/M Abraham Sher, Rabbi & Mrs. Yisrael Shleifstein, Ms. Vivian Singer, Mr. Alec Teytel, M/M Harry Wanderer, M/M Ted Weinberger, M/M Milton Zegerman, Rabbi & Mrs. Yehoshua Zelikovitz.*

Many thanks to the members of the MBJC who enabled our President, Rubin Margules to deliver over 6,000 Mishloach Manot to the members of the Israel Defense Forces on the 12th Annual ZOA mission.



We began the megillah reading in the main sanctuary by collecting Machtzis HaShekel, the three half dollars in commemoration of the Shekalim given at the time of the Beis Hamikdash (Holy Temple). Following the Machtzis HaShekel, Rabbi Zelikovitz read the Megilla to a crowd of well over 200 people. The interruptions and noises when Haman's name was read were truly inspiring. After the Megilla reading, a rousing Shoshanat Yaakov was sang by all while many "groggers" added to the cacophony of sounds!

We then went to the Regency/Sisterhood Room for hot pizza, fresh hamentashen and assorted fruit. Following the party, the world famous illusionist David Blatt took the stage. He wowed the large audience with mind reading and magical tricks. One person lost his watch while another lost his sock. But amazingly the shoe was still on. Rabbi Yisroel Shleifstein's mind was read and Dr. David Korman's wallet caught on fire.

Thursday, March 8th, we gathered at 7:30 am for davening and the second reading of the Megilla. Mincha was held early at 12:35 pm in order to give everyone a chance to get to their Purim Seudahs.

May we always merit such spirited and lively Purims (and other holidays) as we continue to grow and enjoy with our greater MBJC family.

## FRIDAY NIGHT ACTION

This winter we experienced many very successful Friday night activities. We had six Friday night dinners in the shul with the smallest dinner having over a hundred attendees!!! Of course, those participating were primarily our members but many friends and neighbors joined.

We had many illustrious speakers whose presence graced our Dinners. Among them were Rabbi Eliezer Waldman, Rabbi Hanoach Teller and Rabbi Yaakov Salomon. Sponsors for these events included Dr. & Mrs. David Korman, who sponsored an entire Friday night dinner in honor of their grandson and Rabbi Eliezer Waldman. Additional sponsors also were Mr. & Mrs. Jay Haies, Mr. & Mrs. Alfred Gollomp, Mr. & Mrs. Murray Novick, Mr. & Mrs. Mark Orbach, Mr. & Mrs. Sidney Orbach, Mr. & Mrs. David Rubin, Mr. & Mrs. Harold Rosenthal, Mr. & Mrs. Matthew Isaacson, Mr. & Mrs. Rubin Margules, Mr. & Mrs. Milton Zegerman, Mr. & Mrs. Lev Rivkin, Mr. & Mrs. David Safir, Mr. & Mrs. Ted Weinberger & Barry & Eileen Montrose.

In addition we had our regular Friday night Oneg Shabbats. We would like to thank all of those that hosted and attended our Oneg Shabbat classes. We even had some Parsha classes squeezed in before the Friday night dinners began. We also had a special sushi reception in shul in conjunction with the Friday night class.

An April Dinner is already scheduled. It will be celebrated on Friday, April 27th, Yom Ha'atzmaut. The May Dinner will be on Saturday night, May 26th coinciding with the first night of Shavuot.

Our Dinners, besides being fun and informative, serve a much higher purpose. They serve as a catalyst to enhance our Achdus, feeling of togetherness. It fosters the feelings of Mishpacha which we experience when we celebrate events together with our greater MBJC family.

## IN MEMORIAM

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Hashana and Yom Kippur Services. During that era Alvin gave Bar Mitzvah lessons to the children of many of the MBJC members. Alvin established many close relationships with MBJC's members. This was demonstrated by the many requests to officiate at the funerals of MBJC members as well as weddings of the children of MBJC's members. Alvin's spent many years as an employee of New York State. After his retirement he spent many days performing bikur cholim as a volunteer at Community Hospital on Kings Highway. He was also very active in Young Israel of Flatbush. May his memory be for a blessing.

## NEWS OF OUR MEMBERS

Mazel tov to Dr. David & Mrs. Irina Korman upon the birth of a grandson.

Mazel tov to Jay & Evelyn Haies upon the birth of a granddaughter, Rachel Scop.

Mazel tov to Raya Zegel upon the birth of a granddaughter and upon the marriage of her son Danny

Mazel tov to Bernard & Madeline Laufer upon the marriage of their granddaughter

Mazel tov to Lev & Roza Rivkin upon the birth of a daughter, Shayna.

Mazel tov to Yoel & Ruth Chavkin upon the birth of a granddaughter Bella Sophia born to Janet & Elan Kornblum

Mazel tov to Elliot & Judy Kurlander upon the birth of a granddaughter

Mazel tov to Gady & Esther Schwartz upon the birth of a grandson

Condolences to the family of our long time member Shirley Heller upon her passing

Condolences to the family of Rabbi Alvin Harris upon his passing.

Condolences to Janet, Ethan and Amelie Kwassman upon the loss of their husband and father, Mel Kwassman

Condolences to Ilya and Tamara Braz on the loss of their grandmother, Sura Braz

## UPCOMING FUNCTIONS

Come and join us for a "final" chometz breakfast on Friday, April 6th 9:30-10:30 am by our Chometz-burning fire which will burn until 11:45 am. The breakfast and fire will be held at 60 West End Avenue in the side yard. We will be serving fresh hot bagels, cream cheese, egg salad and tuna salad

We invite all our Russian speaking friends to join us for our Kumsitz, April 10th at 7:30 pm with our inhouse "Magid", Rabbi Tamir Zaltsman.

Reserve the date - Friday Night Dinner to be held on *April 27th, Yom Ha'atzmaut*. Mincha will take place at 6:15 pm with the Friday night dinner beginning at 7:15 pm. We will be presenting a prominent speaker, details will be forthcoming.

On Sunday, May 20th join us for a gala Yom Yerushalayim concert, details to follow.

Reserve the date - Yom Tov Dinner Shavuot night, Saturday night, May 26th at 9:05 pm. Details will follow.

## WATER OR COKE

### WATER OR COKE?

- #1 75% of Americans are chronically dehydrated. (Likely applies to half the world population.)
- #2. In 37% of Americans, the thirst mechanism is so weak that it is mistaken for hunger.
- #3. Even MILD dehydration will slow down one's metabolism as 3%.
- #4. One glass of water will shut down midnight hunger pangs for almost 100% of the dieters studied in a University of Washington study.
- #5. Lack of water is the #1 trigger of daytime fatigue.
- #6. Preliminary research indicates that 8-10 glasses of water a day could significantly ease back and joint pain for up to 80% of sufferers.
- #7. A mere 2% drop in body water can trigger fuzzy short-term memory, trouble with basic math, and difficulty focusing on the computer screen or on a printed page.
- #8. Drinking 5 glasses of water daily decreases the risk of colon cancer by 45%, plus it can slash the risk of breast cancer by 79%, and one is 50% less likely to develop bladder cancer. Are you drinking the amount of water you should drink every day?

### COKE

- #1. In many states the highway patrol carries two gallons of Coke in the trunk to remove blood from the highway after a car accident.
- #2 You can put a T-bone steak in a bowl of Coke and it will be gone in two days.
- #3. To clean a toilet: Pour a can of Coca-Cola into the toilet bowl and let the "real thing" sit for one hour, then flush clean. The citric acid in Coke removes stains from vitreous china.
- #4 To remove rust spots from chrome car bumpers: Rub the bumper with a rumped-up piece of Reynolds Wrap aluminum foil dipped in Coca-Cola.
- #5. To clean corrosion from car battery terminals: Pour a can of Coca-Cola over the terminals to bubble away the corrosion.
- #6. To loosen a rusted bolt: Apply a cloth soaked in Coca-Cola to the rusted bolt for several minutes.
- #7. To remove grease from clothes: Empty a can of Coke into the load of greasy clothes, add detergent, and run through a regular cycle. The Coca-Cola will help loosen grease stains. It will also clean road haze from your windshield.

## WATER OR COKE

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### FOR YOUR INFORMATION:

#1 The active ingredient in Coke is phosphoric acid. It will dissolve a nail in about four days. Phosphoric acid also leaches calcium from bones and is a major contributor to the rising increase of osteoporosis.

#2. To carry Coca-Cola syrup! (the concentrate) the commercial trucks must use a hazardous Material place cards reserved for highly corrosive materials.

#3. The distributors of Coke have been using it to clean engines of the trucks for about 20 years!

Now the question is, would you like a glass of water or Coke? This is for those who are health conscious or not!!!!

## ASSEMBLYMAN CYMBROWITZ'S HOLOCAUST CONTEST

*Continued from Page 1*

up to 18 which in Jewish tradition represents "Chai" or life.



The Nazis sought to eliminate the entire Jewish population, my birth to two displaced persons who miraculously survived the Holocaust, was seen as a statement to the world that the Nazis had not succeeded, a new Jewish life was created."

The audience was also moved by a video produced by

Manhattan Beach resident and daughter of Holocaust survivors, Cecelia Margules, "Rainbow in the Night." It vividly portrayed what life was like for the millions who were forced to live through the Holocaust.

Over 600 students entered the contest, representing diverse religions and nationalities. Every student entering the contest will receive an Assembly Certificate of Merit. The winning entries were awarded cash prizes, the students also received Holocaust books and the schools of the first place winners will receive computers.

The Holocaust Memorial Essay, Poetry, Performance and Art Contest is sponsored in conjunction with the Manhattan Beach Jewish Center, the Lena Cymbrowitz Foundation and the Holocaust Memorial Committee.

## ZUMBA CLASSES AT MBJC

by Lisa Hansen, Certified Zumba Instructor

Hello! My name is Lisa Hansen and I am the Womans' Zumba Fitness Instructor at the Manhattan Beach Jewish Center for the last six months now. My class meets on Wednesday mornings at 9:00 AM, on the 6th floor (last door on your right). Its a very comfortable room that's designed and very well suited for fitness and movement. I enjoy teaching my students so much because I know they really appreciate me and the various benefits they derive from the class.

For all who do not know what Zumba is: Zumba is an exercise program that consists of dancing and moving to 70% of Salsa music and 30% of any kind of music the instructor wishes to incorporate. (ie: Oldies, Middle Eastern rythms)

Zumba is unlike any other exercise. It is such fun while dancing you will ever have. You will not feel that you are exercising at all, cause its so enjoyable. You will be surprised to know that you are burning up to almost 1000 calories within this 45 minute class, while working your cardiac & respiratory system and your bones, in fact, every system in your body. It is especially soothing as well as stimulating to the mind.

Please come and join this weekly party to experience the best fun and exercise of your life! You will not be disappointed. The idea is to keep to your own pace, as this is not a competitive sport but you work at your comfort level.

Also if there is an advanced commitment of a MINIMUM of 6 people for Yoga that can be arranged for daytime or evening.

## GOLDEN BOOK

Mazel Tov to Mr. and Mrs. Harvey Lerner on the graduations of their grandchildren, from: Rosalie & Harold Rosenthal

Mazel Tov to Mr. Meir and Dr. Zahava Stessel on the birth of a greatgrandchild, from: Mildred Altman, Muriel & Bruce Bayroff

Mazel Tov to Dr. and Mrs. David Korman on the birth of a grandson, from: Muriel & Bruce Bayroff

Mazel Tov to Pnina & Sidney Orbach on the birth of a grandson, from: Lee & Murray Novick

Mazel Tov to Esther & Gady Schwartz on the birth of a grandchild, from: Lee & Murray Novick

To Sheila & Marshall Cohen, Happy Purim and Refual Shleyma, from: Pnina & Sidney Orbach

Happy Purim to Dr & Mrs. Murray Waxman, from: Pnina & Sidney Orbach

## OUTREACH MA NISHTANAH

My beloved brothers and sisters!  
My dear members of MBJC!  
My Jews!

Let's thank to creator of this world for letting us to engage in another mitzvah (in fact, in many mitzvot) – in celebrating Passover, a time of our liberation! I wish you to gain this tremendous feeling of freedom that fills our hearts when we are privileged to serve our Creator and Liberator, Hashem, blessed be He!

When we sit by the Seder table and we tell the Story of the Exodus, we begin with the questions. Freedom – is a possibility to question. Slaves don't question. Free people do.

Pesach is a questions time. It is a time to ask questions about anything Jewish. It is a time to ask questions about our own community. It is a time to seek and to request.

There are, probably, many questions that you'd like to ask me, the Outreach Director of MBJC. I would like to address a couple of them (and I encourage you to ask many more).

### *First KASHIYE (question – Yiddish)*

First of all, I think you'd like to hear what was done in these 6 months that I occupy my position in MBJC. So, hold your breath for the list is long. Through successful cooperation (could it be other?) with the leadership of our congregation I achieved most (if not all) of my goals that I set up for myself in the beginning of my work:

1. There were created many possibilities for Russian-speaking Jews to engage in Jewish life in our community;
2. There is an ongoing promotion of our congregation thru different media – printed and electronic;
3. New Russian-speaking people – young and young-hearted - are joining activities of MBJC.

Let's name some of events we've had in the past six months:

1. Exciting seminars with Doctor Pinchas Polonsky, Rabbi Reuven Khaskin and Rabbi, Dr. Efim Svirsky;
2. Rosh haShanah 2nd Night Dinner for Russian-speaking community;
3. Special prayer services for High Holidays (with specially prepared printed materials about prayers and customs of High Holidays - in Russian and Hebrew);
4. Sukkoth programming (on each day of Sukkoth we had a special event in our Sukkah);

5. Organizing events in conjunction with NASH JEW, JASA and ZDR;
6. First ever Russian-speaking Maggid graduation party
7. Tu b'svat party
8. Friday Night Dinners, etc.

I would like to mention some of the names of the people who became frequent comers to our shul: Barry and Rachel Friedman, Rita Ioffe, Natasha Chornaya, Faina Vasilevskaya, Viktor and Laura Gil, Igor and Irina Alexander!  
Put your hands together!

We thank restaurant "Moshi Moshi" for donating dinner for 2 to winner of our pre-Purim contest and lottery! We had 2 winners and we congratulate them: Rita Ioffe and Lila Shleifstein.

And last but not least – the classes that we have. It is to be said that we have inspiring and exciting classes on each and every day of the week (besides Fridays).

So far with the first question.

### *Second KASHIYE*

Then comes the second question: why is it said that every Jew took out of Egypt a hundred donkeys loaded with gold? And my maggidic answer would be – because it is much easier to take Jews out of Egypt then separate them from their gold! Our wonderful outreach program can do much-much better if we had more funding! We are in need of funding – donate as much as you can to MBJC for our outreach program. It enriches the lives of our entire congregation. Tzorchei amcha merubim (the needs of your people are numerous)!

### *Third KASHIYE*

Why do we celebrate Passover by telling the Story of Exodus?

The answer: To teach us that this is the exact way we were freed from Egypt slavery – if Moshe wouldn't speak to Jews all the days and all the night without the break about the "must to" of Exodus we still would be slaves to Pharaoh in Egypt. The same principle applies to our community – if we are not talking all the days and all the nights about reaching out, about bringing new people, about becoming bigger and more influential community – it won't happen. I call you up to action – raise up your voice, talk about welcoming of the newcomers, about establishing new activities, about reaching out to our unaffiliated brothers and sisters! The more we are talking about outreach – the more new people we'll see in our shul!

## REMEMBERING SHIRLEY HELLER



Just a little over a year ago, Shirley Heller was my co-honoree at the MBJC shul dinner where we both received the Shofar Award. I was proud to share the evening with Shirley who I came to know, respect and like greatly. Shirley moved into our community about 16 years ago. I did not meet her immediately but did meet her when I went to events as the HMC breakfast or Rachel's Children, I noticed a new face and learned it was Shirley who always seemed to help out at these events.

Evelyn Haies had asked Shirley and me to donate mantelas for Kever Rachel in memory of Aaron Schmuel, her son and my parents of blessed memory. We went to the embroidery store and I was struck how Shirley lingered over each bead and spent so much time in order for the matela to be perfect. I used to watch how Shirley was so exact when doing something. Once I was hanging pictures in the HMC grounds but Shirley stood and observed each angle to make sure it was straight and not crooked at all! Shirley took much care in how she dressed matching her accessories to her clothing.

When we were named as co-honorees Shirley told me that she had no idea why she was chosen to be honored. She obviously had an inability to see how much she was valued by the shul as by then she had been in charge of a Yom Iyun lecture series during the Aseroth Yemei Teshuvah and of the Chofetz Chaim Heritage Foundation Tisha B'av movies as well as other events.

Shirley spoke of her son as if he were alive and did all the activities to elevate his soul. She kept up with his friends and attended their life cycle events since in death the bond was not broken. She always spoke happily and lovingly of him.

I found out from Shirley this summer that we were related thru the Heller connection and that my great aunt of blessed memory used to visit Shirley's mother in law, a fact I did not know.

When I visited Shirley last summer after davening in the Chevrah mishnoth, we would talk and Shirley would laugh and we spoke about various topics. It was hard to realize how ill Shirley was. Her emunah never waned as she asked me to try and come earlier so that she could daven before walking to the Biluses for lunch as davening took her time. If I knew I would be late I chose not to come since I did not want her davening to be compromised.

I realized after her death, that Shirley, by trying to be perfect in her arranging whether it be flowers or pictures at an event, was her way of making order in an imperfect world. What she could arrange she did. She did events for the shul with Hitlavoth and besimcha.

As we sat in the bimah, being honored, Shirley again said that she still did not have any idea why she was chosen for this honor and my answer to this is no Shirley, you have every reason to be honored. You are surely reunited in Gan Eden now with Aaron and your parents and rest of your mispacha. May you be a good bettor for your family and your friends. While I know you are at peace and with family, your friends we will always miss and remember our "shining star" Shenya Raizel. May you rest in peace and tehei zror bezror hachaim.

Vivian S. Singer

## OUTREACH MA NISHTANAH

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### *Fourth (last) KASHIYE*

What are the plans?

I'd like to do many new interesting and exciting programs: healing sessions with Lika Bronshtein, hypnotic sessions with Israel Myasnikov, meditative classes (on the Book of Creation) with Viktor Gil, marital and professional counseling, Maggidic storytelling time, Rosh-Chodesh Parties, Aleph-Bet yoga classes, and more!

May Hashem bless us all with the ability and power to do all of these and to add much more – to glorify His Great Name and to make our community blossoming and flourishing! Pesach Kosher veSameyach! Happy and Kosher Passover!

Next Year in Jerusalem!

Maggid Rabbi Tamir Zaltsman



*A Happy*

*Passover*

*to one and all*

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*Sponsoring a kiddush is a wonderful way to  
share a simcha or to commemorate a yartzeit  
with all of the Manhattan Beach Jewish Cen-  
ter. For available dates please call the syna-  
gogue office*